

Thursday, March 23, 2023

NEWS FROM The MEST

CONTACTS



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Welcome back from a short break from our publication.

Spring Break is on the horizon! It is my hope that you take the time to recharge yourselves, reconnect with family, and do anything else that 'fills your bucket.'

A break from school does not mean a break from learning. The learning just looks different. The focus is different. Breaks are a prime opportunity to be able to foster engagement in an individual way for your child/children.



MOTOR SKILL DEVELOPMENT

Below each icon has an activity that can help develop motor skills in a fun and unique way. There are many resources out there to keep breaks from school novel and engaging while developing motor skills.



March 24: Crayon Day...pick a color from head to toe April 14: PJ Day...keep your stuffies and blankets at home, please April 21: Swallow Gear

April 28: Super Hero Day...keep any pieces that cover the students' faces and/or weapons or loose accessories at home

COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer? Click the 'contact us' icon to submit your question or additional support you may need.





Thursday, March 2, 2023

NEWS FROM The MFST

OTHER ACTIVITIES

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Bow Te Butterfly Noodle Graft	Dr. Seuss Day: Read Stories & Have Dr. Seuss Fun	Spring Handprist Craft	Get Cutside & Blow Bubbles	DIY Salt Dough Easter Eggs
Shaving Cream Letter Practice	Get Outside and Jump in the Puddles	Fingerprint Rainbow Craft	Do Sidewalk Chalk Outside	Tulip Potato Printing Craft	Decorate plants & plant seeds	Make Peanut Butter Flaydough
Get Outside & Ride Bikes	Make a Rainbow Fruit Salad Snack & Serve in Ice Cream Cone	Shaving Cream Rainbow Clouds	Green Pepper Shanrooks	St Patrick's Day Celebration	Easter Egg Huet in Badsyord	Skittles Rainbow Science Experiment
Egg Decorating	Easter Crott and/or Activity	Get Outside e8 Howe is Spring Spriverages Hunt	Fleath Town	Elaiter liggs-eroses	Easter Craft and/or Activity	Fly a Kite
Easter Celebration	Get Outside & Head Out to A New Playground	Bake Cupcakes Together	DIY Pinch Pots	Melted Marshmallow Paint		